

treating

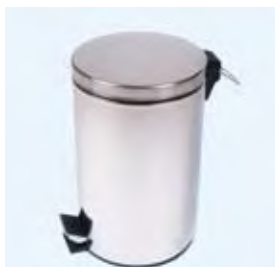
Influenza A(H1N1)



**If you are ill,
or think you
might be,
stay at home**



**Cover your
mouth and
nose when
coughing
or sneezing**



**Dispose of
dirty tissues
quickly and
carefully**

**Wash your
hands
frequently
with soap
and water**



**Wash hard
surfaces
such as
kitchen
worktops**



**Avoid large
crowds of
people**



**Tell your
children
and others
to follow
this advice**