

# **REGINA PHELPS, RN, BSN, MPA, CEM**

## **President, Emergency Management & Safety Solutions**

---



### **BACKGROUND**

Regina Phelps is an internationally recognized expert in the field of emergency management and contingency planning. With over 24 years of experience, she has provided consultation and educational speaking services to clients in four continents. She is founder of Emergency Management & Safety Solutions, a consulting and training firm.

### **EDUCATION AND CERTIFICATIONS**

- Certified Emergency Manager, CEM, International Association of Emergency Management
- High-rise Fire Safety Director
- Masters in Public Administration, San Francisco State University
- Bachelors of Science in Nursing, Arizona State University

### **EMERGENCY MANAGEMENT & SAFETY SOLUTIONS**

EMS Solutions is as a full service health and safety training and consulting company specializing in emergency preparedness, response, recovery and safety. This includes life safety and business continuity planning; EOC design, emergency exercises; ergonomics; and general safety consulting.

100% woman owned firm. A partial listing of clients include: Levi Strauss & Co., Adobe, the World Bank/IFC, Northern Trust, Intuit, Microsoft, Liberty Mutual, IDG, Equity Office, Stanford University, VISA, PMI, TSMC NA, Wells Fargo PPIC, MasterCard, TransUnion and MGIC.

### **HONORS**

- |         |  |
|---------|--|
| 2002    | Appointed to CEM Commission, International Association of Emergency Managers   |
| 2001    | Trailblazer Finalist, Women Business Owner of the Year, National Association of Women Business Owners  |
| 2001    | Business Recovery Managers Association Award for Excellence in Business Recovery Planning, for developing the SF Ready Program                                   |
| 1999    | Business Recovery Managers Association Award for Excellence in Business Recovery Planning  |
| 1998    | Certified Emergency Manager (CEM)  |
| 1997    | Leadership California, 1998 class  |
| 1995    | College of the Sequoias- Hall of Fame inductee   |
| 1995    | Appointed to the Commission on the Status of Women by Mayor Frank Jordan   |
| 1992    | Outstanding Employer of the Year, Association of Retarded Citizens (ARC)   |
| 1991    | Telly Award- "Getting Ready for the Big One" cable television award for pro-bono scriptwriting and acting for the 30 minute community service earthquake program |
| 1991    | First woman and first small business owner to serve as Chairman of the Board, San Francisco Chamber  |
| 1990    | Outstanding Employer of the Year, Association of Retarded Citizens (ARC)   |
| 1990    | One of the "Ninety People Who Will Influence The Nineties," as reported by the San Francisco Chronicle   |
| 1989    | Outstanding Employer, Association for Retarded Citizens (ARC)  |
| 1989    | Woman Power Award, Women's Yellow Pages  |
| 1988    | Small Business Administration District Director's, Champion of Small Business Award  |
| 1986    | San Francisco Leadership Program- Graduate   |
| 1986    | Outstanding Woman Entrepreneur- Community Service San Francisco Chamber of Commerce,   |
| 1986    | California delegate to the White House Conference on Small Business  |
| 1985-86 | National Trainer for Business and Professional Women (BPW)   |
| 1984    | Woman of the Year, BPW   |

## **CURRENT ACTIVITIES**

- Advisory and Founding Member, International Museum of Women
- Board member, California Advisory Board, Trust for Public Land
- Board member, California Advisory Board, National Audubon
- Board Member, International Crane Foundation
- Chairman Emeritus, SF Chamber of Commerce Board of Directors
- Co-Founder, SF Ready, a collaborative effort between the business community and the City of San Francisco on emergency management issues. Meets bi-monthly.
- Founder, Women's Salon
- Life Member, Sierra Club
- Majority Member, Emily's List
- Member The ARC Business Advisory Committee (Association for Retarded Citizens)
- Member, Business Recovery Managers Association (BRMA)
- Member, Central Emergency Safety Association (CESA)
- Member, International Association of Emergency Management (IAEM)
- Member, National Audubon Society
- Member, National Fire Protection Agency (NFPA)
- Member, National Safety Management Society (NSMS)
- Member, San Francisco Chamber of Commerce

## **PAST ACTIVITIES**

- Board Member, Animal Protection Institute 1997-1999
- Board Member, Business Arts Council, 1994-95
- Board Member, Committee on Jobs 1990-1999
- Board member, Friends of the Urban Forest 2003-2005
- Chair, Blue Ribbon Panel, SF Community College Strategic Plan, 1993
- Chair, The Cyril's Luncheon, Business Volunteer for the Arts, 1995
- Chairman of the Board, San Francisco Chamber of Commerce, 1991
- Commissioner, Commission on the Status of Women 1995-1999
- Member, Community Committee, San Francisco Food Bank 1996-97
- Mentor, Small Business Administration Women's Mentorship Program 1991-97
- Past Board Member, Lick-Wilmerding High School
- Past Board Member, Northern California Health Care Marketing Association 1982-1988
- Past Chair of the Education Committee 1985 & 1986, San Francisco Chamber
- Past Chair of the Small Business Council 1987, San Francisco Chamber
- President Professional Women's Network, 1994

## **AUDIO VISUAL PRODUCTIONS**

- Writer, producer and on screen talent, "The Year 2000 and the Dialysis Patient." Produced for Satellite Dialysis Centers. October 1999.
- Writer, producer and on screen talent, "Disaster Preparedness and the Dialysis Patient." Produced for Satellite Dialysis Centers. November 1999.
- Co-writer and on screen talent, "Getting Ready for the Big One" a 30 minute cable television community service earthquake program for Viacom, February 1990.
- Writer and talent, "Achieving Peak Performance- Taking Control of Your Life," A stress management and interpersonal performance four audiotape program, 1988.
- "Disasters and the Dialysis Patient- A Guide to Patient Care During A Disaster," Transpacific Renal Network, 1994.
- "Earthquake Preparedness and Child Care Centers" Health Plus 1984

## **SPEAKING ENGAGEMENTS**

- Please go to [www.ems-solutionsinc.com](http://www.ems-solutionsinc.com) for the most up-to-date listing of current and past speaking engagements.