

# CATCH IT, BIN IT, KILL IT RHYME

I will catch those germs when I “ATICHOO!”,  
I will catch those germs in my tissue

Catch It and Bin It to Kill It, that’s it!  
there’re no germs on us!

Put the tissue into a bin,  
germs won’t get out once they are in

Catch It and Bin It to Kill It, that’s it!  
there’re no germs on us!

Kill the germs they make us sick,  
come on everyone wash them off quick!

Catch It and Bin It to Kill It, that’s it!  
there’re no germs on us!



Shout ‘Atichoo!’  
and catch your  
sneeze or cough in  
your clean tissue



Put your tissue  
in the bin in  
the middle of  
the room



Rub your hands  
together quickly